

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Delport Titia

Coaches: Farroni Nadia

Coaches: Vanmeerbeek Rob HEADCOACH

Coaches: Mous Anke

Coaches: Ginkels Sam

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 50M BACKSTROKE MEN 15-16				Heat:2, starttime: 14:59			
Heat: 2/4 Lane : 6 Athlete: DIERICK OSCAR				Q-time: 00:29:42			
PB (25m pool): 00:29.42 Sint-Amandsberg 19/10/2025				PB (50m pool): 00:30.76 SB: 00:29.67 Hoogstraten 27/09/2026			
PB	2 5 M	5 0 M					
		00:29.42					
		00:29.42					
							

Coach feedback:

Event number: 15: 50M BACKSTROKE MEN 15-16				Heat:3, starttime: 15:00			
Heat: 3/4 Lane : 4 Athlete: BERLAMONT DAAN				Q-time: 00:27:22			
PB (25m pool): 00:27.22 Leuven 04/10/2026				PB (50m pool): 00:28.10 SB: 00:27.22 Leuven 04/10/2026			
PB	2 5 M	5 0 M					
		00:27.22					
		00:27.22					
							

Coach feedback:

Event number: 17: 200M BUTTERFLY MEN 13-14				Heat:2, starttime: 15:13			
Heat: 2/2 Lane : 3 Athlete: RATIU MATHEO				Q-time: 02:27:69			
PB (25m pool): 02:27.69 Dilbeek 10/05/2026				PB (50m pool): 02:31.23 SB: no time			
PB	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5
		00:30.84		01:08.04		no time	
		00:30.84		00:37.20			
							

Coach feedback:

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Event number: 18: 200M BUTTERFLY WOMEN 13-14							Heat:2, starttime: 15:20	
Heat: 2/2 Lane : 7 Athlete: GINKELS FEBE							Q-time: 02:41:41	
PB (25m pool): 02:41.41 LEUVEN 23/11/2025				PB (50m pool): 02:53.16 SB: 02:47.55 3500 Hasselt 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.29		01:16.67		01:59.95		02:41.41
	00:35.29		00:41.38		00:43.28		00:41.46	
								

Coach feedback:

Event number: 19: 50M BREASTSTROKE MEN 15-16										Heat:1, starttime: 15:24																													
Heat: 1/3 Lane : 5 Athlete: ROOMAN EGON																				Q-time: 00:31:95																			
PB (25m pool): 00:31.95 Hoogstraten 27/09/2026										PB (50m pool): 00:32.85 SB: 00:31.95 Hoogstraten 27/09/2026																													
	2 5 M					5 0 M																																	
PB						00:31.95																																	
	00:31.95																																						
																																							

Coach feedback:

Event number: 19: 50M BREASTSTROKE MEN 15-16										Heat:2, starttime: 15:25																													
Heat: 2/3 Lane : 6 Athlete: BOBEV BOYAN																				Q-time: 00:32:75																			
PB (25m pool): 00:32.75 Hoogstraten 27/09/2026										PB (50m pool): 00:33.27 SB: 00:32.75 Hoogstraten 27/09/2026																													
	2 5 M					5 0 M																																	
PB						00:32.75																																	
	00:32.75																																						
																																							

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 15-16										Heat:1, starttime: 15:28	
Heat: 1/3 Lane : 6 Athlete: THYS LENA										Q-time: 00:36:43	
PB (25m pool): 00:36.43 Leuven 04/10/2026										PB (50m pool): 00:37.76 SB: 00:36.43 Leuven 04/10/2026	
	2 5 M		5 0 M								
PB			00:36.43								
			00:36.43								
											

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 15-16							Heat:3, starttime: 15:30	
Heat: 3/3 Lane : 5 Athlete: WATELLE NONA							Q-time: 00:34:81	
PB (25m pool): 00:35.40 LEUVEN 23/11/2025							PB (50m pool): 00:34.81 SB: no time	
	2 5 M		5 0 M					
PB			00:35.40					
	00:35.40							
								

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16						Heat:2, starttime: 15:45		
Heat: 2/6 Lane : 4 Athlete: VRANCKX BOUDEWIJN						Q-time: 02:06:03		
PB (25m pool): 02:06.03 Leuven 04/10/2026						PB (50m pool): 02:11.83 SB: 02:06.03 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.00		01:00.69		01:33.09		02:06.03
	00:29.00		00:31.69		00:32.40		00:32.94	
								

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16						Heat:5, starttime: 15:53		
Heat: 5/6 Lane : 4 Athlete: VAN NOOTEN VIC						Q-time: 02:00:06		
PB (25m pool): 02:00.06 Leuven 04/10/2026						PB (50m pool): 02:06.13 SB: 02:00.06 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.87		00:57.26		01:28.90		02:00.06
	00:26.87		00:30.39		00:31.64		00:31.16	
								

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16						Heat:6, starttime: 15:56		
Heat: 6/6 Lane : 6 Athlete: LISSENS TUUR						Q-time: 01:56:85		
PB (25m pool): 01:56.85 LEUVEN 21/12/2025						PB (50m pool): 01:59.09 SB: 01:58.67 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:27.78		00:57.39		01:27.37		01:56.85
	00:27.78		00:29.61		00:29.98		00:29.48	
								

Coach feedback:

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Event number: 24: 200M FREESTYLE WOMEN 15-16							Heat:4, starttime: 16:07	
Heat: 4/4 Lane : 3 Athlete: ADELMANN CLARA CENXI							Q-time: 02:07:01	
PB (25m pool): 02:07.08 Leuven 04/10/2026				PB (50m pool): 02:07.40 SB: 02:07.08 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.97		01:02.47		01:35.50		02:07.08
	00:29.97		00:32.50		00:33.03		00:31.58	
								

Coach feedback: